

## Virtual IDA agenda

The virtual IDA will equip you with the skills and knowledge to run a virtual Insights Discovery learning experience, with post-session upskilling available for face-to-face delivery. You don't need to be an expert in video conferencing technology – we'll provide support and best practice tips. The learning content is divided into a series of live, interactive, 90-minute learning sessions, with long rest breaks between sessions. The content covered in the session includes:

| DAY ONE: INSIGHTS DISCOVERY THEORY   | DAY THREE: DELIVERING WITH INSIGHTS DISCOVERY  |
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| <ul style="list-style-type: none"> <li>○ Setting up the IDA (including building the virtual learning community)</li> <li>○ Recap on key Insights Discovery theory (color energies, Jungian preferences)</li> <li>○ Evaluator and graphs</li> <li>○ The Insights Wheel (the eight types, attitudinal functions)</li> </ul>  | <ul style="list-style-type: none"> <li>○ Teach-backs (individuals or pairs facilitate ten-minute teach-backs on selected topics)</li> <li>○ Considerations for delivery preparation and facilitator competencies</li> <li>○ Breakthrough conversations - structuring different coaching conversations</li> <li>○ Coaching conversation practice</li> </ul> |
| DAY TWO: PREPARING TO DELIVER  | DAY FOUR: APPLYING INSIGHTS DISCOVERY  |
| <ul style="list-style-type: none"> <li>○ Facilitating a best practice virtual workshop (including virtual facilitation experience, tips, and alternatives)</li> <li>○ Setting the context, perception, and color energies</li> <li>○ Jungian preferences, profile introduction, face validity, and graphs</li> <li>○ Recognizing type, adapting to connect, and action plans and teach-back preparation</li> </ul> | <ul style="list-style-type: none"> <li>○ Reviewing Confirmation of Learning Exploring additional parts of the Insights Discovery Portfolio</li> <li>○ Virtual delivery focus</li> <li>○ 'Working with teams' exercises</li> </ul>  |